

## PROCESS

## BREAKFAST

## )

R205
BUFFET
BREAKFAST
ON ARRIVAL
Fresh fruit Juice
Filler Coffee \& Selection of Tea

## BUFFET OPTIONS

Scrambled Eggs
Grilled Bacon
Cocktail Beef Sausage or Chicken
Sausage
Sauteed Mushrooms with Roasted Rosa
Tomatoes
White \& Health Toast with butter
Deconstructed fruit Salad
Mini Yoghurt tubs
Selection of Muffins \& Danishes

# CONTINENTAL BREAKFAST 

ON ARRIVAL
Fresh fruit Juice
Filler Coffee \& Selection of Tea

## HARVEST TABLE

Cocktail Croissants,
Danishes
Muffins
Country Ham
Salami
Pastrami
Cheese
Deconstructed fruit salad
Bowls of Seasonal fruit
Muesli
Greek Yoghurt

## BREAKFAST



## CLASSIC BREAKFAST

Fluffy Scrambled Egg Grilled Bacon
Oven roasted Tomato Slice of Toast

## BREAKFAST QUICHE

Bacon \& Cranberry Quiche
topped with Rocket \& roasted tomatoes
or
Sundried Tomato \& Spinach Quiche
topped with Rocket \& roasted tomatoes

## R65

## HEALTH BREAKFAST

Bowl of Seasonal fruit served with Muesli \& Greek Yoghurt

## SWEETCORN SCRAMBLED EGG

Scrambled Sweetcorn Egg topped with Bacon and Parmesan \& served with a slic eof Toast

## PLATTERS

Buttermilk scones topped with
Scrambled Egg \& Caramelized onion Bacon \& Cheddar

Chicken mayo
Smoked Salmon \& Cream cheese

Mini Fruit Kebab

# GOURMET MUFFIN PLATTER 

Bran Muffin, Blueberry Muffin,Cappuccino Muffin, Carrot Muffin,Chocolate Muffin served with Cream \&Berries

## SWEET SCONE PLATTER



SCONES topped with
whipped cream, strawberry jam \&
fig jam

# FRUIT SKEWER PLATTER 

SEASONAL FRUIT on skewers served with a yoghurt dipping sauce

# COCKTAIL CROISSANT PLATTER 

Ham \& Cheese
Chicken mayo \& chives
Pastrami, Pickle \& Cheese
R998

Cheese \& Tomato relish
Smoked Salmon \& Cream cheese

## PLATTERS

## SANDWICH PLATTER

R920

White \& Health bread filled with:
Egg mayo
Ham \& Cheese
Chicken mayo
Pastrami, pickle \& mustard
Cheese \& tomato

## WRAP PLATTER

24 X HALF WRAPS FILLED WITH:
 Roast Chicken
Smoked Salmon \& Cream cheese Roast Vegetables, Bean \& Cheese Teriyaki Beef with Trio peppers

## SA BITES PLATTER



Mini Bobotie Quiche
Beef Meatball
Bobotie Cigar Beef Sausage Roll Chicken Kebab

## CANAPE PLATTER

Cocktail tartlets topped with:
Smoked Salmon \& Cream Cheese
Chicken liver pate \& caramelized onion
Chicken mayo \& chives
Pastrami, mustard \& pickle
Roast veg \& bean topped withparmesan

## PASTRY PLATTER

Chicken \& Mushroom pie Beef Sausage roll
Phyllo minted beef
Moroccan Chicken Cigar
Bacon \& Cranberry Quiche

## VEGETARIAN PLATTER



Vegetable Spring roll
Potato \& Corn Samosas
Jalapeno \& Cheese Rissoles
Cheese Puffs
Butternut \& Feta Phyllo

## PLATTERS

## R960 <br> CHICKEN PLATTER

BBQ Chicken wings
Chicken Kebab
Chicken Meatball
Chicken Punjabi Samosas
Moroccan Chicken Cigar

## SAMOOSA \& CIGAR PLATTER

Beef Punjabi Samosas
Chicken Punjabi Samosas
Cheese \& Onion Samosas
Bobotie Cigar
Moroccan Chicken Cigar

## SUSHI PLATTER

54 PIECE ASSORTED SUSH
Califfornia roll, Fashion
Sandwich,
Double sandwich,
Salmon Rose,
SalmonNigiri

## R985

## ASIAN PLATTER

Prawn Spring roll
Sesame Beef \& plum Wonton
Honey Soya Chicken Wings
Chicken Cigar
Jalapeno \& Cheese Rissole

# MEATY PLATTER 

Lamb Kofta
Greek Meatballs
Mini Cheese Grillers
BBQ Chicken wings
Chicken Kebab

## CHEESE PLATTER

SELECTION OF LOCAL \& Imported Served with Assorted Crackers,
Preserves
grapes

R1100

## PLATTERS

## $R 878$ <br> KIDDIES PLATTER

Mini Margherita pizzas
Mini Cheese grillers
Beef Sausage Rolls
Greek meatballs
Cheese puffs

## CUPCAKE PLATTER



Strawberry Swirl cupcake
Chocolate cupcake Carrot cupcake Red velvet cupcake Lemon poppy cupcake

## SA DESSERT PLATTER

Mini Milk tarts
Mini Peppermint tarts Koeksisters
Apple crumble tart Lemon meringue tart


BURGER \& HOTDOG PLATTER<br>Mini Cheese Grille Rolls<br>Mini Beef \& Chick Burgers

## MINI SWEET PLATTER

Mini Red velvet cupcake Mini Choc cupcake Mini Lemon meringue Mini Milk tarts

## HIGH TEA PLATTER

Mini Carrot Cake
Mini Chocolate Cake
Baklava Cheese
Mini Choc Eclair
Lemon meringue tort


Macaroons

## CHOCOLATE PLATTER

Chocolate tart topped with cherries
Mini Chocolate cake
Mini Choclate Eclaire
Mini Chocolate cupcake
Chocolate Brownie

- Chicken Prego served with potato wedges \& Green Salad
- Chicken Ranch Wrap served with Greek Salad
- Siracha Chicken Mayo \& Avo Baguette served with Beetroot \& Avo Salad
- Roast Chicken \& Peppadew Quiche served with Avo \& Tomato Salad
- Chicken Pot Pie served with Coleslaw \& Green salad
- Roast Chicken Leg quarter served with Butternut bake \& Greek Salad
- Chicken Cob Salad served with toasted Ciabatta.
- Crumbed chicken, bacon \& cheeseburgers served with potato wedges and Green salad
- Nacho crumbed chicken served with savory corn rice and Mexican chop salad
- Chicken Strudel Phyllo Pie served with butternut, feta \& rocket salad
- Chicken Penne Casserole served with Avo, Parmesan cheese \& Crostini Salad
- Chermoula Chicken Kebab served with butternut mash \& 3 Corn Salad
- Peri Peri Chicken Espetada served with potato wedges \& green salad
- Sweet \& Sour Chicken Noodles served with avo \& cucumber salad
- Chicken Schnitzel with cheese sauce served with creamy mashed potatoes and beetroot \& feta salad
- Chicken Lasagne \& Greek Salad
- Sesame Chicken Boo bun served with Avo, tomato \& feta salad
- Chicken Enchilada bake served with Mexican chop salad
- Butter chicken curry \& steamed rice served with sambals
- Chicken Casserole served with couscous \& Green salad
- Chicken Roti served with Green salad
- Chicken ala King \& rice served with Greek salad
- Chicken Tagine served with couscous and served with beetroot salad
- Chicken fillet stuffed with Ham, feta \& herb and served with creamy mashed potatoes and Avo, roast pepper and parmesan cheese salad

- Beef Burger served with potato wedges \& Green Salad
- Spicy beef, avo \& peppadew Wrap served with Greek Salad
- Argentinean style steak Baguette served with Beetroot \& Avo Salad
- Biltong \& Mushroom Quiche served with Avo \& Tomato Salad
- Creamy steak Pot Pie served with Coleslaw \& Green salad
- Boerewors pinwheel served with Butternut bake \& Greek Salad
- Warm Moroccan beef salad served with toasted Ciabatta.
- Beef Lasagne served with Greek Salad
- Boerewors \& Chickpea stew served with couscous \& green salad
- Traditional cottage pie served with kiwi \& feta salad
- Beef Stroganoff \& penne pasta served with Avo, tomato, crostini \& parmesan cheeses salad
- Beef cape Malay curry served with steamed rice \& sambals
- Mince mac \& cheese served with Greek salad
- Bobotie, rice and green salad
- Beef Enchilada served with chopped Mexican salad
- Lamb Kofta served with Sweet potato wedges \& Green Salad
- Moroccan Lamb Shawarma served with Greek Salad
- Lamb wrap served with Mango salad
- Lamb Kebab with potato bake and served with Avo \& Tomato Salad
- Creamy Lamb Pot Pie served with Coleslaw \& Green salad
- Lamb Tagine served with couscous \& Green salad
- Lamb Biryani served with sambals \& roti
- Lamb Potije stew served with Samp or rice and Green salad
- Lamb Shephard's Pie served with butternut \& beetroot salad
- Cape Malay lamb curry \& rice served with green chop salad \& naan
- Lamb chops on the braai served with roasted baby potatoes \& 3 Corn salad
- Lamb burger served with sweet potato chips and Kiwi salad


## light MEALS

- Pulled pork burger served with crunchy coleslaw
- Spare rib pie served with potato salad \& Greek salad
- Baked Penne with Italian Sausage served with Avo, crostini \& parmesan salad
- Pork belly sticky stir fry with noodles and chopped cucumber salad
- Pork Bangers \& Creamy mash served with Green salad
- Quiche Lorraine served with beetroot \& feta salad
- Slow cooked BBO pork belly served with butternut mash \& Green Salad
- Crunchy pork belly and apple salad with ranch dressing
- Pork sausage kebabs served with potato bake \& tomato salad
- Fish burger served with crunchy coleslaw salad
- Tuna \& boiled egg Salad with toasted ciabatta bread
- Crispy Tempura hake Wrap served with mango \& cucumber salad
- Fresh hake fillet grilled or fried served with sweet potato wedges \& green salad
- Traditional Fish Pie served with Greek Salad
- Prawn \& Chicken Korma served with steamed rice \& sambals
- Trout fish Cakes served with creamy mashed potatoes \& Green salad
- Bento Sushi Selection
- Creamy Tune Penne pasta served with avo, crostini, parmesan \& lettuce salad
- Prawn chow main served with Avo \& cucumber salad
- Coriander and Chilli crumbed fish with chunky tomatoes served with butternut mash \& green salad
- Smoked Salmon Quiche served with a Quinoa \& green leave salad

R125

- Zanzibar fish curry \& steamed rice served with naan \& sambals
- Baked Fish with a mustard cheese sauce served with sweet potato wedges and green salad
- Fish Tacos with smashed avocado and tomato salsa served with chips \& Mexican chopped salad
- Sesame fish, feta and spinach phyllo pie served with Beetroot \& avo salad


- Black bean burger served with Sweet potato wedges \& Kiwi Salad
- Butternut, feta \& pumpkin seed Couscous salad
- Fully loaded Vegetarian Ciabatta roll with roast veg, beans \& avo served with coleslaw
- Black bean Enchilada served with chopped Mexican Salad
- Avo falafel Wrap served with Corn \& feta salad
- Spinach \& Feta pie served with Spinach \& pomegranate salad
- Sundries tomato \& Spinach quiche served with Avo \& Tomato salad
- Fiery vegetarian spaghetti topped with Parmesan and served with Greek salad
- fried Rice with Tofu and mushrooms served with Greek salad
- Bean, Spinach \& Mushroom Stir fry served with steamed rice and green salad
- Spinach \& Feta Cannelloni served with Greek Salad
- Melanzane Parmigiana served with Avo, crostini \& parmesan salad
- Vegetarian Cottage pie served with Beetroot \& Feta Salad
- Butternut \& Chickpea Korma served with rice \& sambals
- Mushroom Lasagne served with Greek Salad
- Pumpkin \& Aubergine Roti served with mango salad
- Traditional Mac \& Cheese served with a fully loaded Green Salad
- Vegetarian Bobotie served with yellow rice \& green salad
- Black bean burger served with sweet potato wedges crunchy \& kiwi salad
- Vegan Ciabatta roll filled with roast veg, beans \& Avo served with coleslaw
- Avo, Felafel, bean \& veg Wrap served with avo \& orange salad
- Fried Rice with Toafu and mushrooms served with Green salad
a Bean, Spinach \& Mushroom Stir fry served with steamed rice and green salad
- Vegan Cottage pie served with Beetroot Salad
- Butternut \& Chickpea Korma served with rice \& sambals
- Pumpkin \& Aubergine Roti served with mango salad
- Vegetarian Bobotie served with yellow rice \& green salad


## R95

# buthyour sown BUFFET 

 corporate lunches • birthday parties • product launches baby showers - conferences . weddings • spitbraais • corporate events - theatre events • expos . markets - private parties . frozen range of home cooked meals . cafe fomilia coffee shop. platters - lunches - dinners .

## BEEF PREMIUM CUT 200G PORTION

- Beef Tenderloin with mushroom gravy
- Juicy steak kabob
- Salisbury steak with mushroom gravy
- Beef fillet kebab
- Slow cooked BBO beef roast
- Beef Wellington
- Classic Beef Meatloaf
- Beef Fillet in Phyllo pocket
- Beef Picanha with chimichurri

- Oxtail Stew
- Cajun Butter Steak


## CHICKEN ROAST 200G PORTION

## BEEF CASSEROLE

- Beef Lasagne
- Cape Malay Beef Curry
- Bobotie
- Beef Stroganoff
- Boerewors \& Chickpea Stew
- Creamy beef pie
- lrish beef stew
- Beef Goulash
- Traditional Cottage Pie


## CHICKEN CASSEROLE

- Chicken Lasagne
- Chicken Casserole stew
- Chicken Korma
- Chicken ala King
- Chicken Biryani
- Chicken Butter Curry
- Chicken Strudel
- Chicken Tagine
- Creamy Chicken Pie
- Traditional Cottage Pie
- Chicken \& Prawn Korma
- Caramel Chicken Stir fry
- Chermoula Chicken Kebab
- BBO Chicken Kebab
- Roast Chicken Leg quarter
- Chicken Thigh with garlic lemon butter
- Honey Sriracha baked chicken fillet
- Butter chicken with creamy spinach \&bacon
- Chicken Tikka Masala
- Nacho crumbed chicken fillet
- Stuffed sundried tom, feta chicken
- Peri Peri Chicken Espetada
- Chicken Schnitzel
- Fried Chicken (kfc style)
- Sticky Orange Chicken
- Chicken Cordon Bleu
- Sherry \& Cream mushroom baked chicken
- Roast Cranberry, apple \& sage deboned chicken thighs


## R105 LAMB ROAST/GRILL 200G PORTION

- Classic Lamb Roast
- Moroccan Lamb Kebabs
- Yogurt lamb and lemon on skewer
- Sumac braaied Lamb Chops with burnt brinjal dip
- Rosemary spiked Lamb cutlets
- Cornbread Crusted Rack of Lamb


## PREMIUM CUT SEAFOOD

- Queen Prawns in secret sauce packed with flavour
- Creamy Tuscan Salmon
- Honey Garlic Glazed Salamon
- Prawn \& mussel Paella
- Lemon Garlic Butter Sole
- Grilled Calamari tubes topped with creamy white wine sauce
- Kingklip Cajun Style
- Salmon Fish Cakes
- Baked Fish with a mustard cheese sauce
- Coriander and Chilli crumbed fish with chunky tomatoes



## LAMB CASSEROLE

- Lamb Biryani
- Cape Malay Lamb Curry
- Shepards Pie
- Lamb Potije Stew
- Lamb Tagine
- Mushroom Potato Lamb Stew
- Tomato Lamb Bredie
- Mongolian lamb stir fry
- Lamb Kagu
- Lamb Rogan Josh


## FISH CASSEROLE

- Prawn Korma
- Asian Prawn Chow Mein
- Garida Linquine Prawn Pasta
- Traditional Fish Pie
- Zanzibar Fish Curry
- Sesame Fish, feta and spinach phyllo pie
side dish SELECTION


## STARCH

- Steam Basmati Rice

- Fiesta Rice
- Yellow Saffron Rice
- Couscous
- Mashed Potatoes
- Country Style Garlic Mashed Potatoes
- Mashed Butternut
- Mashed Cauliflower
- Sweet Potato Wedges
- Garlic Baby Potatoes
- Roasted Potato Wedges
- French Onion Baked Potato
- Hasselback Potatoes
- Corn on the Cob


## VEGETABLES



- Steamed green beans and garlickyo lives
- Green beans \& mushroom stir fry
- Roasted root vegetables
- Cheesy brussels sprouts with bacon
- Oven Roasted mixed vegetables
- Roasted Butternut Squash
- Classic cream spinach
- Pumpkin Fritters in Coramel sauce
- Broccoli \& Cauliflower bake
- Roast baby brinjals with garlic, lemon\& oregano
- Pan fried baby marrow
- Roasted Cauliflower with parsley oil
- Blue cheese baked gem squash


## STARCH WITH A LITTLE EXTRA

- Creamy Potato Bake
- Creamy Butternut Bake
- Double baked spinach potatoes
- Sweet Potato, Green bean \& Quinoa
- Potato Croquettes in spinach \& creamsauce
- Sweet Potato Gratin
- Phyllo Pockets filled with MashedPotatoes
- Cheese \& Herb Potato Fans
- 3 Corn creamy bake topped withparmesan cheese
- Couscous mixed with Roast veggies
- Exotic mushroom risotto


## SALADS

- Classic Greek Salad
- Beetroot, feta \& Avo Salad
- Roasted Butternut \& Feta Salad
- Honeybush poached Pear Salad
- Orange \& Hazelnut Salad
- Braaided Corn Salad with Basil Pesto
- Paw Paw \& buffalo mozzarella salad
- Tomato \& Sweet Watermelon Salad with tomato seed dressing
- Exotic mixed summer salad
- Chilled Mango \& Cucumber Salad
- Apple \& Baby leaf salad withcaramelized nuts
- Roast Pepper, Avo \& Parmesan cheeseSalad


## DessertseLection

